
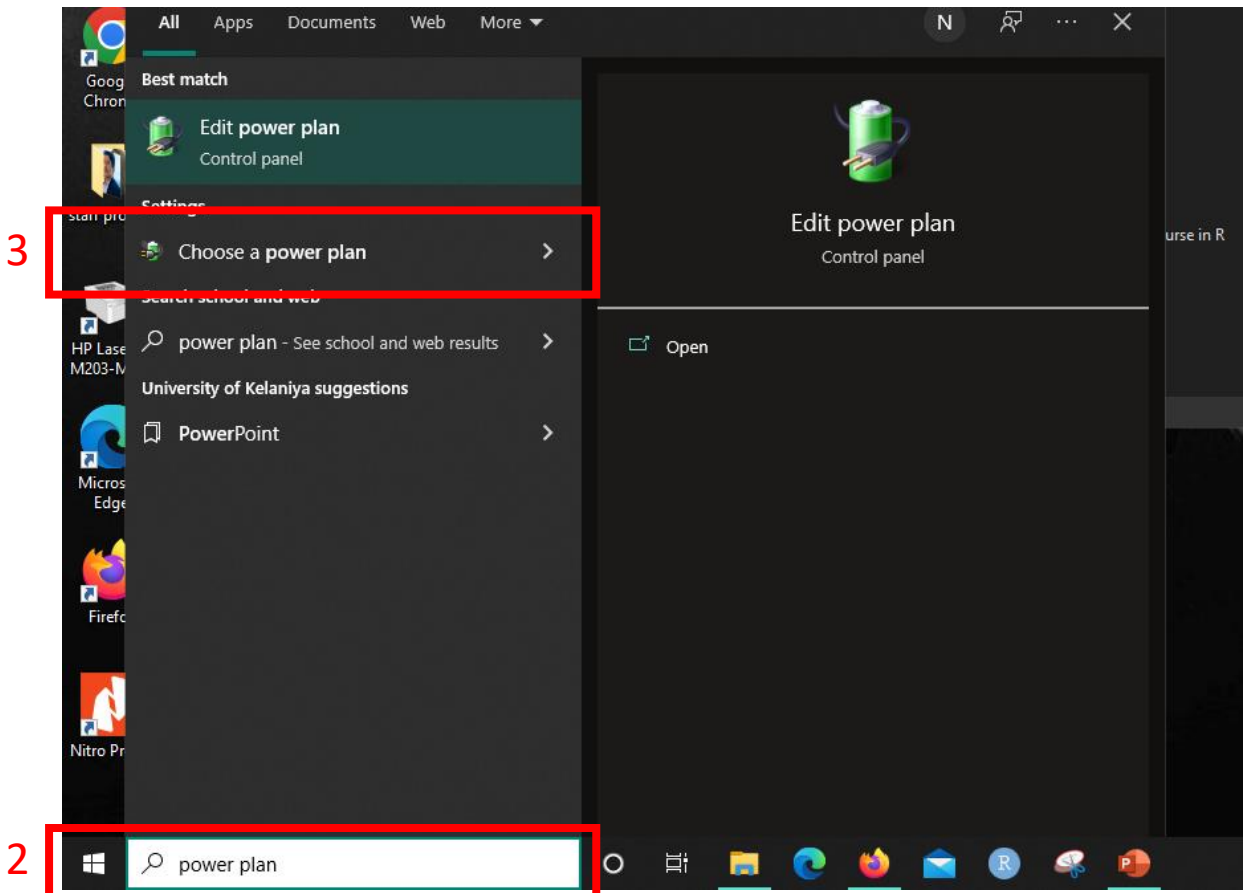




# HOW TO CHANGE POWER & SLEEP SETTINGS ON WINDOWS 10

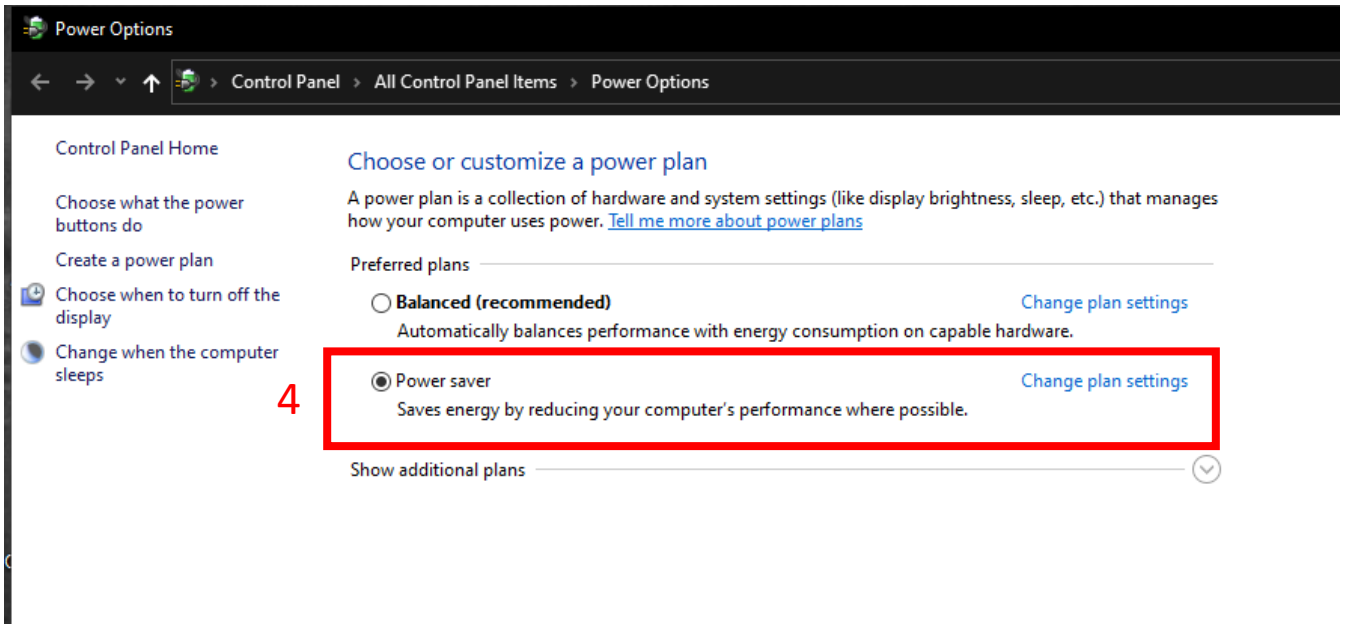
1. Press Windows  key.
2. Type “Power Plan”.
3. Select “Choose a power plan”.



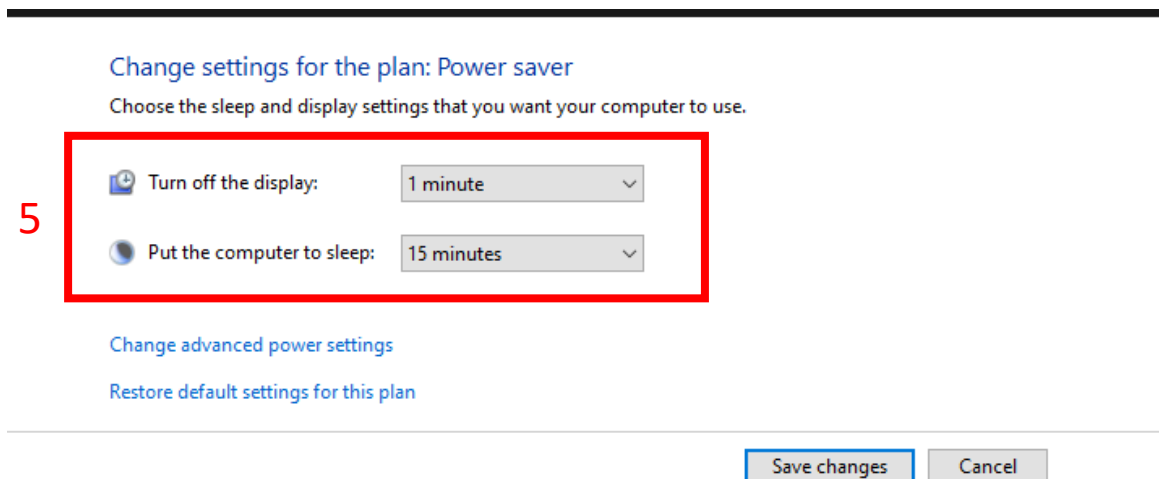


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4. Select “Power saver” option.



5. Select “Change plan settings” and set the **Turn off the display** time to **1 minute** and **Put the computer to sleep** time to **15 minutes**.





# HOW TO CHANGE POWER & SLEEP SETTINGS ON WINDOWS 10

6. Go Back and select **“Choose what the power buttons do”**.

6

Control Panel Home

**Choose what the power buttons do**

Create a power plan

Choose when to turn off the display

Change when the computer sleeps

### Choose or customize a power plan

A power plan is a collection of hardware and system settings (like display brightness, sleep, etc.) that manages how your computer uses power. [Tell me more about power plans](#)

Preferred plans

**Balanced (recommended)** [Change plan settings](#)  
Automatically balances performance with energy consumption on capable hardware.

**Power saver** [Change plan settings](#)  
Saves energy by reducing your computer's performance where possible.

Show additional plans

7. Change the setting **“When I press the power button”** to **“Sleep”**.

7

### Define power buttons and turn on password protection

Choose the power settings that you want for your computer. The changes you make to the settings on this page apply to all of your power plans.

[Change settings that are currently unavailable](#)

Power and sleep button settings

**When I press the power button:** Sleep

When I press the sleep button: Sleep

Shutdown settings

- Turn on fast startup (recommended)**  
This helps start your PC faster after shutdown. Restart isn't affected. [Learn More](#)
- Sleep**  
Show in Power menu.
- Hibernate**  
Show in Power menu.
- Lock**  
Show in account picture menu.

*Well Done! Proud to be an Electricity Saver!*