Haemodynamic derangements



Dr Durga Moratuwagam MD,FRCPath(Haem) Faculty of Medicine-Ragama

Contents

- Edema
- Hyperaemia and congestion
- Haemorrhage
- Haemostasis & Thrombosis
 - -Normal haemostasis
 - -Thrombosis
 - -DIC
- Embolism
- Infarction
- Shock

- A 35 year old woman (P₄C₄)became breathless 1 hour after delivery
- She was pale and tachycardic.



HEMOSTASIS

Definition

- Hemostasis: drives from the Greek meaning "The stoppage of blood flow".
- Components involved in haemostasis
 *Blood vessel
 - *Platelets
 - *Coagulation factors
 - *Coagulation inhibitors
 - *Fibrinolysis

Vessel wall, Blood flow & Coagulation Substances





In Case if there is an Endothelial Injury (Bleeding must be prevented at site of injury)

Normal Haemostasis

A. VASOCONSTRICTION



Normal Haemostasis

B. PRIMARY HEMOSTASIS



Normal Haemostasis -Platelets

- adhere to damaged vessel wall
- adhere to each other
- form a platelet plug
- platelet release reaction
- Platelet aggregation

Normal Haemostasis

C. SECONDARY HEMOSTASIS



Normal Haemostasis-Coagulation

- Cascade
- Series of inactive components converted to active components
- Prothrombin —→Thrombin

Fibrinogen \longrightarrow Fibrin





Normal Hemostasis Is a Balance



Coagulation factor inhibitors-TFPI/AT/Pr C/S
Fibrinolytic pathway-Plasminogen/TPA/TAFI/
Blood flow

Anticlotting mechanisms.



J. Adanma Ezihe-Ejiofor, and Nevil Hutchinson Contin Educ Anaesth Crit Care Pain 2013;bjaceaccp.mks061

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Continuing Education in Anaesthesia, Critical Care & Pain

The anticoagulant system.



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The fibrinolytic system (modified version of diagram by Rijken et al.).6 u-PA, urokinase-type plasminogen activator; PAI-1, plasminogen activator inhibitor 1; FDP, fibrin degradation products; α2-AP, α2 antiplasmin; TAFI, thrombin activatable fibrinolysis inhibitor.



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Continuing Education in Anaesthesia, Critical Care & Pain Which one of the following statements about the platelet phase of hemostasis is TRUE ?

A Platelets secrete factors that promote primary hemostasis.

B Most clotting factors circulate as inactive precursors.

- C Platelets can adhere to collagen via the Von WillebrandFactor.
- **D** ADP, thrombin, and thromboxane A₂ can cause platelets to
 aggregate.
- E. All of the above.

Which ONE of the following does NOT contribute to clot formation?

- A Calcium.
- **B** Phospholipids.
- **C** Thrombin.
- **D** Tissue factor.
- E Heparin.

What does von Willebrand factor do?

- A. Binds platelets to each other
- B. Binds platelets to the subendothelium
- C. Binds platelets to the phospholipid surface
- D. Carries factor VII
- E. Cleaves factor V

- Which of the following dissolves clots:
- 1. Fibrinogen
- 2. Plasmin
- 3. Thrombin
- 4. Tissue Factor
- 5. vWF

- Deficiency of which of the following is likely to result in thrombosis?
- 1. Factor IX
- 2. Fibrinogen
- 3. Plasmin
- 4. Protein C
- 5. Thrombin
- 6. (1, 3)
- 7. (3,4)



Objectives

- Describe the pathogenesis of thrombosis.
- Describe the fate of a thrombus.
- Co-relate pathogenesis of thrombosis to clinical conditions
- Ex: pregnancy and thrombosis

Cancer and thrombosis



Thrombosis

Definition

Thrombosis is the formation of a solid mass of blood within the circulatory system in a living being

Virchow triad



(1821 – 1902)

1.Endothelial injury

- Endothelial injury itself can lead to thrombosis.
- Important in arterial system and in the heart.
- Exposure of subendothelial ECM
- Adhesion of platelets
- Release of TF



2.Alteration in the normal blood flow

- Alteration of blood flow could be
- a. Turbulence
- b. Stasis

- Normal blood flow is laminar. Platelets flow centrally in the vessel lumen. This is separated from the vessel wall by a zone of clear plasma.
- Turbulence and stasis disrupt this laminar flow .
- 1.brings platelets into contact with the endothelium
- 2.prevent dilution of the clotting factors from the fresh flowing blood
- 3.retard inflow of clotting factor inhibitors
- 4.promote endothelial cell activation
- Turbulence is important in arterial thrombosis where as stasis is more important in venous thrombosis.

<u>3.Hypercoagulability</u>

- Any alteration in the coagulation pathways that predisposes to thrombosis.
- Causes primary(genetic) secondary(acquired).

Hypercoagulability



Causes-Thrombosis

Primary(genetic)

- Factor V gene mutation (factor V leiden)
- Prothrombin gene mutation
- Antithrombin III deficiency
- Protein C deficiency
- Protein S deficiency

Secondary(acquired)

- Prolonged immobilization
- Atrial fibrillation
- Cancer
- Tissue damage; surgery, fractures; burns
- Prosthetic heart valves
- Anti phospholipid syndrome
- Nephrotic syndrome
- Contraceptive pills
- Smoking
- Heparin induced thrombocytopenia

HYPERCOAGULABLE STATE

- Malignancy
- Pregnancy and peri-partum period
- Oestrogen therapy
- Trauma or surgery of lower extremity, hip, abdomen or pelvis
- Inflammatory bowel disease
- Nephrotic syndrome
- Sepsis
- Thrombophilia

VASCULAR WALL INJURY

- Trauma or surgery
- Venepuncture
- Chemical irritation
- Heart valve disease or replacement
- Atherosclerosis
- Indwelling catheters

CIRCULATORY STASIS

- Atrial fibrillation
- Left ventricular dysfunction
- Immobility or paralysis
- Venous insufficiency or varicose veins
- Venous obstruction from tumour, obesity or pregnancy

- Arterial thrombiocclusive
- Common sites-coronary ,cerebral, femoral Formed on atherosclerotic plaques Firmly adherent, Grey white ,friable
- Venous thrombi
- Occlusive
- Common sites-lower extremities Red
- Heart-Mural thrombi
- Causes- arrhythmias, Myocardial infarction

Effects of thrombosis

- Arterial
 - ischaemia
 - infarction
 - depends on site and collateral circulation

- Venous
 - congestion
 - oedema
 - ischaemia
 - infarction

Fate of thrombus

- 1. Propagation (progression)
- 2. Embolization
- 3. Dissolution
- 4.Organization and recanalization (inflammation and fibrosis)


Question

- 1. Describe the pathogenesis of thrombosis.
- 2. Enumerate the fate of thrombus.
- 3. Explain how pregnancy becomes a thrombogenic state ?

Thrombosis and pregnancy

- Pregnant women are at an increased risk for venous thromboembolic disease (VTE)
 - 1 in 1000 pregnancies
 - 2-4 fold increase compared to non-pregnant state
 - Cesarian delivery > vaginal delivery
 - 2/3 of DVT occur antepartum (equally distributed among all three trimesters)
 - 43-60% of PE occur 4-6 weeks after delivery
 - <u>Daily risk</u> of PE and DVT highest following delivery than antepartum
- PE is the major non-obstetric cause of maternal mortality

Pathogenesis of thrombosis in pregnancy

• Marked by the presence of all three components of Virchow's triad:

venous stasis,

- ➢ endothelial injury
- hypercoagulable state

<u>All features likely contribute to the increased</u> <u>risk of VTE in pregnancy.</u> Venous stasis of the lower extremities

- two factors:
- pregnancy-associated changes in venous capacitance.
- > Compression of large veins by the gravid uterus.

- The lower extremity veins appear to be subject to increased stasis even before the uterus has enlarged substantially.
- The linear flow velocity in the lower extremity veins is decreased due to hormonally induced dilation of capacitance veins, leading to venous pooling and valvular incompetence
- These changes are amplified by IVC and iliac vein compression by the gravid uterus



Vena cava & aorta compressed by fetus



Compression relieved by tilting patient on left side



Compression of the left iliac vein by the right iliac artery is thought to contribute to the predilection of left-sided DVT during pregnancy

- Endothelial injury —
- Delivery is associated with vascular injury and changes at the uteroplacental surfacecontribute to the increased risk of VTE in the immediate postpartum period.

• Forceps, vacuum extraction, or surgical delivery can exaggerate vascular intimal injury

Hypercoagulability



Thrombosis & pregnancy

Hypercoagulability

- factors VII, VIII, X and von Willebrand factor, fibrinogen.
- Free protein S-decreased during pregnancy.
- Plasminogen activator inhibitor type 1 (PAI-1) levels are increased fivefold. Levels of PAI-2, produced by the placenta, increase dramatically in T3.
- Acquired protein C resistance
- Markers of thrombin generation are also increased.
- Begin with conception
- May not return to baseline until more than 8 weeks postpartum

Thrombosis & pregnancy

• Physiological changes:

*decreased mobility Hyperemesis-dehydration

- Which of the following contribute to increased risk of thrombosis in pregnancy?
- a)Increased fibrinogen level
- b)Decreased protein C level
- c) Increased PAI-1
- d)Compression of IVC
- e)Decreased vascular tone
- t,f,t,t,t

Line of Zahn is seen in:

- A. Venous thrombi.
- B. Pulmonary congestion.
- C. Postmortum clot.
- D. Arterial Thrombi.
- E. Amniotic fluid embolism.

- Endothelial cell injury is the principal mechanism for production of thrombosis in case of:
- A. Thrombosis occurring in post-partum women.
- B. Thrombosis associated with pancreatic cancer.
- C. Thrombosis of atherosclerotic coronary arteries.
- D. Protein C deficiency.
- E. Left atrial dilatation



Embolism

Definition

Detached intravascular solid, liquid or gaseous mass that is carried by the blood to a site distant from its point of origin.

>90% of emboli are thrombo-emboli



Rare forms of emboli

Fat embolism Air embolism Amniotic fluid embolism Tumor emboli Cholesterol Bone marrow Foreign bodies 52

Effect of emboli

- Occlusion of vessels
- Ischaemic necrosis of the tissue supplied by the vessel

Embolism

Arterial



Venous



Thrombo-emboli

- from systemic veins pass to the lungs = pulmonary emboli
- from the heart pass via the aorta to renal, mesenteric, and other femoral arteries
- from atheromatous carotid arteries pass to the brain
- from atheromatous abdominal aorta pass to arteries of the legs

Pulmonary embolism



A pulmonary thromboembolus travels from a large vein in the leg up the inferior vena cava, through the right side of the heart, and to the main pulmonary arteries as they branch. Such thrombi embolize most often from large veins in the legs and pelvis where thrombi may form with stasis and/or inflammation 56

Pulmonary Thromboembolism

- 95% coming from DVT (above knee)
- may occlude main pulmonary artery (Saddle embolus)
- or in small branches of vessels (multiple)

Pulmonary Thromboembolism

>60% reduction in BF

- 60-80% are asymptomatic
- sudden death
- Right hear failure
- Cardiovascular collapse
- Pulmonary hemorrhage
- Pulmonary infarct
- Multiple emboli may lead to pulmonary hypertension



This pulmonary **thromboembolus** is occluding the main pulmonary artery. The patient can experience sudden onset of shortness of breath. Death may occur within minutes.

Amniotic fluid embolism

- Sudden SOB, cyanosis, hypotensive shock, seizures, comma
- Pulmonary oedema, DIC
- Infusion of AF or fetal tissue in to the maternal circulation
- Fetal Squamous cells ,lanugo hair,fat –vernix caseosa,mucin-RT/GIT
- Diffuse alveolar damage, Fibrin thrombi



Pulmonary artery filled with cellular amniotic debris (fetal skin cells, amnion cells)



Differential diagnosis of amniotic fluid embolism

- Pulmonary thromboembolism
- Air embolism
- Anesthetic complications (total spinal or high epidural block)
- Drug-induced allergic anaphylaxis
- Myocardial infarction
- Cardiac arrhythmia
- Peripartum cardiomyopathy
- Aortic dissection
- Aspiration of gastric contents
- Reaction to local anesthetic drugs
- Blood transfusion reaction
- Sepsis
- Postpartum hemorrhage
- Uterine rupture
- Placental abruption
- Eclampsia

Fat Embolism Syndrome may present with:

- (a) Hypotension.
- (b) Hypoxaemia.
- (c) Confusion.
- (d) Petechial rash.
- (e) Hypoventilation

Fat embolism

- Pulmonary insufficiency
- Neurologic symptoms
- Anaemia
- Thrombocytopenia





Infarction-Objectives

- Define an infarct.
- List the causes of infarction.
- Describe macroscopy and microscopy of an infarct
- Describe the factors that determine the development of an infarct.



Infarction

- Area of ischemic necrosis caused by occlusion of arterial supply or venous drainage
- Example: MI, cerebral infarction, pulmonary infarct, bowel infract



Causes

- 99%-thrombotic or embolic events
- Others-vasospasm

extrinsic compression twisting compression-oedema Hyperviscosity

Spasm



<u>Classification</u> ▶Red vs Pale ▶Solid vs liquid ▶Septic vs bland

Infarction

- Red infarct:
 - O Due to venous occlusion ex:Ovarian torsion
 - O In loose tissue ex. Lung
 - O Organs with dual circulation
 - O In tissues that have been previously congested
 - O Reestablishment of flow
 - Venous infarct occurs in organs with single venous outflow. Ex: Testis, ovary
- White infarct
 - O Arterial occlusion of solid organs, ex: Heart, kidneys, spleen

Infarction

- Infarction is usually wedge shape surrounded by rim of hyperemia
- Necrosis is of coagulative type (except brain: liquifactive)
- Inflammation within few hours
- Repair process
White infarct





Red infarct





Hemorrhagic infarction may be seen in places where some collateral flow can occur, as in the bowel, shown here at autopsy with marked dark red ischemic small bowel. Ordinarily, it is difficult to infarct the small or large bowel, because of an extensive anastomosing blood supply. Typically, severe compromise of at least 2 of the 3 major arterial supplies (celiac trunk, superior mesenteric, inferior mesenteric) is required for infarction to occur. Such arterial compromise is most likely to occur with severe atherosclerosis (often with diabetes mellitus) and with vasculitis (as with classic polyarteritis nodosa).Cardiac failure with severe ⁷⁴

Factors influencing the development of an infarct

- Nature of the vascular supply
- Rate of development of the occlusion
- Vulnerability of the organ to hypoxia
- Blood oxygen content

- Question 3 2013
- 3.1. Define an infarct. (10 marks)
- 3.2. List five causes of infarction. (20 marks)
- 3.3 Describe the factors that determine the development of an infarct.(40 marks)
- 3.4. Outline with examples, the different mechanisms through which healing occurs in tissue following infraction. (30 marks)

- Where are Red infarcts not typically seen:
- A. Intestines
- B. Testes
- C. Liver
- D. Lungs
- E. Kidneys

Disseminated Intravascular Coagulation(DIC)

DIC-Objectives

- Define DIC
- List the causes of DIC
- Describe the pathogenesis of DIC
- (DIC & obstetrical and gynaecological conditions)
- List the investigations to confirm DIC
- Describe the principles of management of DIC

 Discuss disseminated intra-vascular coagulation (D.I.C) with special reference to different -"obstetrical and gynaecological conditions".

DIC

- Acquired bleeding disorder
- Widespread inappropriate intravascular deposition of fibrin
- Due to
- Increased procoagulant material
- Widespread endothelial damage
- Platelet aggregation

DIC -Etiology



- Severe sepsis
- Disseminated malignancy
- Obstetric complications- *amniotic fluid embolism / septic abortions/eclampsia/HELP/placental abruption/IUD/PPH/AFLP*
- Widespread tissue damage-Surgery /trauma / burns
- Incompatible blood transfusions
- Massive blood loss
- •

A case of fatal hemorrhagic diathesis with premature detachment of the placenta. Am J Obstet Gynecol ... (Am. J. Obstet. 44; 785, 1901).

DE LEE: FATAL HEMORRHAGIC DIATHESIS.

A CASE OF FATAL HEMORRHAGIC DIATHESIS, WITH PREMATURE DETACHMENT OF THE PLACENTA.¹

BY

JOSEPH B. DE LEE, M.D.,

Chicago, Ill.

785

 Two major mechanisms may trigger DIC: (1) release of tissue factor or thromboplastic substances into the circulation (2) widespread injury to endothelial cells





Three main triggers
≻Endothelial injury
≻Thromboplastin release
≻Phospholipid exposure

End result = generation of thrombin with ↑fibrin deposition Many pathologies overlap...

DIC-Bleeding

DIC-Thrombosis



Laboratory findings

- FBC+BP+retic count
- Coagulation tests-PT/APTT/TT
- Fibrinogen
- FDP/D-dimers



Scoring system for overt DIC

Risk assessment: Does the patient have an underlying disorder known to be associated with overt DIC?

If yes: proceed

If no: do not use this algorithm

Order global coagulation tests (PT, platelet count, fibrinogen, fibrin related marker)

Score the test results

- Platelet count (>100 × 10⁹/l = 0, <100 × 10⁹/l = 1,
 <50 × 10⁹/l = 2)
- Elevated fibrin marker (e.g. D-dimer, fibrin degradation products) (no increase = 0, moderate increase = 2, strong increase = 3)
- Prolonged PT (<3 s = 0, >3 but <6 s = 1, >6 s = 2)
- Fibrinogen level (>1 g/l = 0, <1 g/l = 1)

Calculate score:

- \geq 5 compatible with overt DIC: repeat score daily
- <5 suggestive for non-overt DIC: repeat next 1–2 d

Management

• Treat the underlying condition

Blood and blood product support

Don't treat the lab reports

• Thrombosis-?anticoagulation

Summary-DIC





Shock-Objectives

- Definition of shock
- Classification of shock
- Pathophysiology of shock
- Macroscopy and Microscopy of affected organs

Definition of shock

Systemic hypo perfusion caused by reduction either in CO or in the effective circulating blood volume.



Physiologic Determinants

- Global tissue perfusion is determined by:
- Cardiac output (CO)
 - CO = Heart rate (HR) times Stroke Volume (SV)
 - SV = function of Preload, Afterload, Contractility
- Systemic vascular resistance (SVR)

Pathophysiology of shock

Inadequate tissue perfusion Decreased oxygen supply Anaerobic metabolism Accumulation metabolic waste Cellular failure

Types of Shock

- Cardiogenic
- Hypovolemic
- Distributive
 - Sepsis
 - neurogenic (spinal shock)
 - anaphylaxis

Cardiogenic Shock

- Intracardiac
 - Arrhythmias
 - Valvular lesions
 - AMI
 - Severe CHF
 - HypertrophicCardiomyopathy

pump failure or \downarrow SV

Extracardiac
 Pulmonary Embolism
 Cardiac Tamponade

pump failure or \downarrow SV

Hypovolemic Shock

- Reduced circulating blood volume with secondary decreased cardiac output
 - Acute hemorrhage-ex-PPH
 - Vomiting/Diarrhea
 - Dehydration
 - Burns

from ↓preload

Distributive Shock

- Peripheral Vasodilatation secondary to disruption of cellular metabolism by the effects of inflammatory mediators.
- Gram negative or other overwhelming infection.
 Results in decreased Peripheral Vascular Resistance.

Pathogenesis of Septic shock

- Inflammatory mediators
- Endothelial cell activation-thrombosis / increased vascular permiability/vasodilatation
- Metabolic abnormalities
- Immunosuppression
- Organ dysfunction



Stages of shock

- Non progressive
- Progressive
- Irreversible



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Morphology of organs

- Those of hypoxic injury
- Any organ
- Specially in Brain,Heart,Lungs,Kidneys,adrenals,GIT

Heart

 Macroscopy: petechial hemorrhages of the epicardiumn, the endocardium, especially the left outflow tract.



- Microscopically: necrotic foci in the myocardium, (loss of single fibres to large areas of necrosis.)
- The affected fibres stain a deep red with eosin and the nuclei become pyknotic.
- Prominent contraction bands-better seen by EM



 contraction bands are thick intensely eosinophilic staining bands (typically 4-5 <u>micrometres</u> wide) that span the short axis of the myocyte.



Kidney

- Acute renal failure- kidney is large, swollen,congested,cortex may be pale.
- Cross section-blood pooling in the outer strip of the medulla.


Acute Tubular Necrosis: Gross ; swollen cortex secondary to body burn

 Microscopically: acute tubular necrosis; dilatation of the proximal tubules and focal necrosis of cells.



Acute tubular necrosis

Lung

- Following the onset of severe and prolonged shock, injury to the alveolar wall results in focal or generalized interstitial pneumonitis (shock lung).
- The sequence of changes is mediated by acute inflammatory cells and includes interstitial edema, necrosis of endothelial cells, microthrombi, and necrosis of the alveolar epithelium.

Lung cont.

• Grossly: lung is firm and congested. Frothy fluid exudes from the cut surface.



The lungs are large and dusky red. Firm and airless by palpation.

Lung cont.



The frothy liquid oozing from the cut surface of the lung is caused by air moving through water in the respiratory tract.

Lung cont

Shock-induced lung injury leads to the

- appearance of hyaline membranes in the alveoli, which are frequently expelled into the alveolar ducts and terminal bronchioles.
- These lung changes may heal entirely, but in half of the patients the repair processes progress and cause a thickening of the alveolar wall.





Intestine



The small intestinal mucosa demonstrates marked hyperemia as a result of ischemic enteritis. Such ischemia most often results from hypotension (shock) from cardiac failure, from marked blood loss, or from loss of blood supply from mechanical obstruction (as with the bowel incarcerated in a hernia or with volvulus or intussusception). If the blood supply is not quickly restored, the bowel will infarct.

Intestine cont.



Early ischemic enteritis involves the tips of the villi. A colonoscopic view of ischemic colitis with minimal overlying exudate is shown above. Bowel is hard to infarct from atherosclerotic vascular narrowing or thromboembolization because of the widely anastomosing blood supply. Thus, most cases of bowel ischemia and infarction result from generalized hypotension and decreased cardiac output.

Intestine cont.



Mucosal surface of the bowel- early necrosis with hyperemia extending all the way from mucosa to submucosal and muscular wall vessels. The submucosa and muscularis, however, are still intact.

Liver

 Macroscopy: liver is heavy and enlarged and has a mottled cut surface that reflects marked centrilobular pooling of blood.

Liver cont.

• Microscopy: centrilobular zonal necrosis

The cells in the centre of the lobule are the most distant from the blood supply that comes from the portal tracts and are, therefore, presumably more vulnerable to circulatory disturbances.

Centri-lobular hepatic necrosis

Brain

- Brain lesions are rare.
- Occasionally, microscopic hemorrhages are seen
- In severe cases, hemorrhage and necrosis may appear in the overlapping region between the terminal distributions of major arteries; watershed zone.



Adrenals

 In severe shock the adrenal glands may exhibit conspicuous hemorrhage in the inner cortex. Frequently, this hemorrhage is only focal, but it can be massive and accompanied by hemorrhagic necrosis of the entire gland, as seen in the Waterhouse-Friderichsen syndrome.

Adrenal





1.1 Describe the pathogenesis of septic shock including its systemic effects.

(50 marks)



THANK YOU