**Manihot utilissima**

**Common name** – Manioc

**Poison** – Cyanogenic glycoside

Skin of the yam contains Cyanogenic glycoside therefore:
- Once the skin is damaged the poison can infiltrate into the yam.
- If the yams are cooked in an enclosed utensil the poison can retain within the yam without getting evaporated.

**Clinical Features**

1) Nausea, vomiting, abdominal pain, colic and diarrhea.
2) Respiratory distress, collapse and death.