

CORE 22252- Psychology 2

Status	Core
No of Hours	30 hours
No of Credits	2
Learning Outcomes	<ul style="list-style-type: none"> • Critically evaluate the concepts of normal and ‘abnormal’ behavior and mental disorder • Comprehensively review psychological, biological, and sociocultural theoretical perspectives of pathophysiological behavior • Describe the basic principles of psychological testing and different types of psychological tests and critically evaluate their usefulness • Describe the key features, aetiology and treatment approaches for different types of mental disorders • Describe the mental health consequences of speech and hearing disorders and disabilities • Define counselling as a process and describe/ demonstrate the principle attitudes and skills needed to carry out counselling in speech and hearing related clinical settings
Methods of Teaching and Learning	<p>Lectures/ small group discussion + practical work</p> <ul style="list-style-type: none"> • Interactive lectures • Small group Discussions
Module content	<ul style="list-style-type: none"> • Defining ‘abnormal’ behaviour; different criteria used to define ‘abnormality’; mental health across history – supernatural, religious and scientific approaches to mental health across time and cultures • Different approaches to mental illnesses and treatment – Biological; Psychoanalytic; Behaviourist; Cognitivist; Humanist; Systematic; Sociocultural; Biopsychosocial models of mental illness • Psychometric testing and clinical assessment methods– validity; reliability; standardization and norms; the different types of psychometric tests; observation; clinical interviews; advantages and disadvantages of different assessment methods • Classification of mental disorders – the different systems of classification – DSM-5 and ICD 10; the advantages and disadvantages • Different categories of mental disorders – key features, aetiology and treatment of anxiety disorders, mood disorders, neurocognitive disorders, schizophrenia and psychotic disorders, neurodevelopmental disorders; somatoform and psychophysiological disorders • The psychological antecedents and consequences of hearing difficulties; the cognitive and behavioural correlates of hearing difficulties • Stress – Stressors, stress response; stress related disorders; stress management • Introduction to counselling – counselling as a process; key principles of counselling and ethics of counselling; application of counselling skills in the speech and hearing clinical setting
Assessment	<p>2 hour exam (SEQ + MCQ) – 80% of final mark</p> <p>Assignment – 20% of final mark</p>