

“Suwasiripaya”  
 Ministry of Health  
 385, Baddegama Wimalawansa Thero Mawatha,  
 Colombo 10  
 .....<sup>26</sup> June 2012

All Provincial Directors of Health Services,  
 All Regional Directors of Health Services,  
 Director/National Institute of Health Sciences  
 All Medical Officers/Maternal and Child Health  
 Medical Officers of Health,  
 Medical Officer in charge/Regional Training centres  
 Chief Medical Officer Colombo MC

**List of items required for Public Health Midwife (PHM) for provision of domiciliary care**

The list of items required for PHM to provide good quality domiciliary care has been revised based on the current needs and the services provided by her. The revised list of items is given below. In future, please ensure that all PHMM have necessary items according to revised list. And also make necessary arrangements to remove unnecessary items from their inventories according to government regulations.

**(A) General Items**

1. Watch
2. Torch
3. Soap
4. Hand Towels - 02
5. Clinical Thermometer
6. Suitable container to store these items

**(B) Antenatal care**

1. Pinnard Fetal stethoscope
2. Measuring tape

**(C) Urine testing kit**

1. Test tube rack
2. Test tube holder
3. Test tube - 02
4. Pippets - 02
5. Benedict's solution
6. Acetic acid
7. Spirit lamp
8. Box of matches
9. Brush made to clean the test tube (Locally prepared)
10. Rug to dry the test tubes

Or

Urine test strips (2 para) if available

(When urine strips are available, no need to carry urine testing kit)

**(D) Home Delivery kit**

1. Artery Forceps - 02 ( Koshier 140mm straight)
2. Kidney trays (stainless steel 8 inches) - 02
3. Surgical Scissors - 01
4. Umbilical cord Scissors - 01
5. Sterilized gloves (disposable)- 02 pairs
6. Cord clamp - 01
7. Towel GS - 02

8. Sterilized gauze
9. Sterilized Cotton wool
10. Sterilized Pads – 05
11. Thick polythene sheet (3' x 3')

Item 1 – 10 in (D) should be sterilized as a pack. Usually sterility will remain for 14 days. For re-sterilization local arrangement should be made.

12. Catheter – 01 (Rubber 12 inches)
13. Small glass bottle with cap - 01
14. Mask (reusable)
15. Plastic aprons - 01

**( E ) Postnatal Home Visit:**

1. Measuring tape
2. Gloves- 03 pairs (Disposable)
3. Artery forceps - 03
4. Sterilized gauze
5. Sterilized Cotton wool

**Gloves should be cleaned and sterilized. Artery forceps should be cleaned and boiled. Do not use used artery forceps without boiling. Keep separate bag for used items.**

**(E) IEC material;**

**Sets of**


1. FP flash cards
2. Breast feeding flash cards
3. ECCD flash cards
4. Complementary feeding flash cards
5. Growth chart flash cards

**(G) Records:**

1. Pregnancy record A & B
2. Diary
3. CHDR B portion
4. FP field record (1154)

Note: Depending on the advance programme and planned home visits for the day, the PHM shall select the necessary equipment/ records to be carried to the field.

Please ensure that all relevant health staff in your area adheres to the above guidelines.

  
Dr. Ajith Mendis  
Director General of Health Services

Cc:  
DDG/PHS II  
DDG/ET & R  
Director/Maternal and Child Health  
Director/Health Education Bureau  
Director/Training, ET& R unit

**Dr. U. A. Mendis**  
Director General of Health Services  
Ministry of Health  
"Suwasiripaya"  
385, Rev. Baddegama Wimalawansa Thero MWR,  
Colombo - 10.